

### Contraception & information

<a href="#">Nexus Primary Health</a> .....	1 300 77 33 52
(Broadford, Wallan, Seymour, Kinglake)	
<a href="#">Cobram Medical Clinic</a> .....	(03) 5871 1433
<a href="#">Gateway Health Wangaratta</a> (B) Clinic 35.....	(03) 5723 2000
<a href="#">Wodonga</a> (B) 1 800 657 573 or	(02) 6022 8888
<a href="#">Seymour Women's Health Clinic</a> (B).....	(03) 5735 8050
Albury Community Health (Mulwala & Corowa).....	(02) 6058 1800
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
<a href="#">Shepparton Women's Health Centre</a> .....	(03) 5821 3555
<a href="#">Meryula Clinic</a> (BB).....	1 800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 5823 8800
Tallangatta Medical Centre (BB).....	(02) 6071 5270
<a href="#">Carrier Street Medical Clinic</a> - Benalla.....	(03) 5762 4629
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022
<a href="#">Central General Practice</a> Mansfield.....	(03) 5775 2591
<a href="#">Mansfield Medical Clinic</a> .....	(03) 5775 2166
<a href="#">The Women's (Royal Women's Hospital)</a>	

### Screening for Sexually Transmissible Infections

<a href="#">Nexus Primary Health</a> (Broadford, Wallan, Seymour, Kinglake).....	1 300 77 33 52
<a href="#">Gateway Health - Clinic 35 Wangaratta</a> (B).....	(03) 5723 2000
<a href="#">Wodonga</a> (BB) 1 800 657 573 or	(02) 6022 8888
<a href="#">Women's Centre for Health and Wellbeing</a>	
<a href="#">Albury - Wodonga</a> (B).....	(02) 6041 1977
<a href="#">Meryula Clinic</a> (B).....	1 800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 5823 8800
Yarrawonga Community Health Centre.....	(03) 5734 8500
Albury Community Health (Mulwala & Corowa)(B)	(02) 6058 1800
Tallangatta Medical Centre (B).....	(02) 6071 5270
<a href="#">Shepparton Women's Health Centre</a> .....	(03) 5821 3555
<a href="#">IFSTime</a> (B).....	1 800 739 836
<a href="#">Shepparton Medical Clinic</a> .....	(03) 5823 3100
<a href="#">Carrier Street Medical Clinic</a> - Benalla.....	(03) 5762 4629
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
<a href="#">Central General Practice</a> Mansfield.....	(03) 5775 2591
<a href="#">Mansfield Medical Clinic</a> .....	(03) 5775 2166

### Emergency contraception

<a href="#">Gateway Health - Clinic 35 Wangaratta</a> (B).....	(03) 5723 2000
<a href="#">Wodonga</a> (B) 1 800 657 573 or	(02) 6022 8888
<a href="#">Family Planning Victoria</a> Box Hill.....	1 800 013 952
<a href="#">Under 25s clinic Melbourne</a> .....	1 800 013 952
<a href="#">Dr Marie (via teleconsultation)</a> .....	1 800 808 564
<a href="#">Meryula Clinic</a> (B).....	1 800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 58238800
<a href="#">Carrier Street Medical Clinic</a> - Benalla.....	(03) 5762 4629
Tallangatta Medical Centre (B).....	(02) 6071 5270
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022
<a href="#">Shepparton Women's Health Centre</a> .....	(03) 5821 3555
<a href="#">The Women's (Royal Women's Hospital)</a>	

\*Also available over the counter at selected pharmacies or by prescription from a GP. If you can't get to the above service within 72 hours of unprotected sex, try the emergency department at the hospital.

### Pap testing

<a href="#">Nexus Primary Health</a>	
(Broadford, Wallan, Seymour, Kinglake).....	1 300 77 33 52
<a href="#">Cobram Medical Clinic</a> .....	(03) 5871 1433
<a href="#">Corowa Medical Clinic</a> (B).....	(02) 6030 5500
<a href="#">Euroa Medical Family Practice</a> .....	(03) 5795 2011
<a href="#">Gateway Health Wangaratta</a> (B) Clinic 35.....	(03) 5723 2000
<a href="#">Wodonga</a> (B)..... 1 800 657 573 or	(02) 6022 8888
<a href="#">Seymour Women's Health Clinic</a> (B).....	(03) 5735 8050
<a href="#">Women's Centre for Health and Wellbeing</a>	
<a href="#">Albury - Wodonga</a> (B).....	(02) 6041 1977
<a href="#">Yarrawonga Denis Medical Group</a> (B).....	(03) 5744 1777
Yea Medical Centre.....	(03) 5736 0444
Albury Community Health	
(Mulwala & Corowa) (B).....	(02) 6058 1800
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
Tallangatta Medical Centre (B).....	(02) 6071 5270
Nixon Street Medical Centre (B).....	(03) 5822 1000
<a href="#">Meryula Clinic</a> (B).....	1 800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 5823 8800
<a href="#">Shepparton Women's Health Centre</a> .....	(03) 5821 3555
<a href="#">Carrier Street Medical Clinic</a> - Benalla.....	(03) 5762 4629
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022
<a href="#">Carrier Street Medical Clinic</a> - Benalla.....	(03) 5762 4629

### Abortion Services

#### Surgical Termination

Reproductive Medicine - Albury (Referral needed)....	(02) 6041 2677
<a href="#">Fertility Control Clinic - Albury</a> .....	(02) 6021 0077
<a href="#">Melbourne</a> .....	(03) 9419 2922
<a href="#">Women's Clinic - Wantirna</a> .....	(03) 9769 4134
<a href="#">Pregnancy Advisory Service (PAS)</a>	
at the Royal Women's Hospital (B).....	(03) 8345 3061
<a href="#">Hampton Park Women's Health Care Centre</a> .....	(03) 9799 2817
<a href="#">Dr Marie (East Melbourne, St Kilda &amp; Croydon)</a> .....	1 300 003 707

#### Medical Termination of Pregnancy (MTOPI)

<a href="#">Gateway Health - Clinic 35 Wangaratta</a> (B).....	(03) 5723 2000
<a href="#">Wodonga</a> (B).... 1 800 657 573 or	(02) 6022 8888
<a href="#">Family Planning Victoria</a> Box hill.....	1 800 013 952
<a href="#">Under 25s clinic Melbourne</a> .....	1 800 013 952
Fertility Control Clinic - Albury.....	(02) 6021 0077
Melbourne.....	(03) 9419 2922
<a href="#">Women's Clinic - Wantirna</a> .....	(03) 9769 4134
<a href="#">Pregnancy Advisory Service (PAS)</a>	
at the Royal Women's Hospital (B).....	(03) 8345 3061
<a href="#">Hampton Park Women's Health Care Centre</a> .....	(03) 9799 2817
<a href="#">The Tabbot Foundation (telephone)</a> .....	1 800 180 880
<a href="#">Dr Maries (East Melbourne, St Kilda, Croydon)</a> .....	1 300 003 707
<a href="#">Tele-abortion (Dr Marie)</a> .....	1 300 003 707
<a href="#">Shepparton Women's Health Centre</a> .....	(03) 5821 3555
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022

(B) Denotes Bulk billing: when your health professional accepts the Medicare benefit as full payment for a service. This means you do not have any out-of-pocket expenses, must have Medicare card.

## Implanon insertion

<a href="#">Gateway Health – Clinic 35 Wangaratta (B)</a> .....	(03) 5723 2000
<a href="#">Wodonga (B)</a> ... 1800 657 573 or	(02) 6022 8888
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
<a href="#">Family Planning Victoria Box hill</a> .....	1800 013 952
<a href="#">Under 25s clinic Melbourne</a> .....	1800 013 952
<a href="#">Meryula Clinic (B)</a> .....	1800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 5823 8800
Tallangatta Medical Centre (BB).....	(02) 6071 5270
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555
<a href="#">Carrier Street Medical Clinic - Benalla</a> .....	(03) 5762 4629
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022

## Pregnancy and options

<a href="#">Gateway Health – Clinic 35 Wangaratta (B)</a> .....	(03) 5723 2000
<a href="#">Wodonga (B)</a> ... 1800 657 573 or	(02) 6022 8888
Tallangatta Medical Centre (B).....	(02) 6071 5270
<a href="#">Yarrowonga Community Health Centre</a> .....	(03) 5734 8500
Albury Community Health (Mulwala & Corowa) (B).....	(02) 6058 1800
<a href="#">Family Planning Victoria - Box hill</a> .....	1800 013 952
<a href="#">Under 25s clinic Melbourne</a> .....	1800 013 952
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
<a href="#">Meryula Clinic (B)</a> .....	1800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 5823 8800
<a href="#">Cobram Medical Clinic</a> .....	(03) 5871 1433
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555
<a href="#">Carrier Street Medical Clinic - Benalla</a> .....	(03) 5762 4629
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022
<a href="#">The Women’s (Royal Women’s Hospital)</a>	

## Menstruation

<a href="#">Women’s Centre for Health and Wellbeing</a>	
<a href="#">Albury - Wodonga (B)</a> .....	(02) 6041 1977
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555
<a href="#">Carrier Street Medical Clinic - Benalla</a> .....	(03) 5762 4629
Tallangatta Medical Centre (BB).....	(02) 6071 5270
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022

## Breast Screening & checks

### Screening:

<a href="#">Seymour Women’s Health Clinic (B)</a> .....	(03) 5735 8050
<a href="#">Breast Screen Victoria (B) (Permanent sites: Wangaratta &amp; Shepparton)</a>	
<a href="#">(Mobile sites: Seymour, Broadford, Mansfield, Alexandra, Yarrowonga, Myrtleford, Tallangatta, Mt Beauty &amp; Rumbalara)</a> .....	13 20 50
Community Care Benalla (Boob bus) (B).....	(03) 5761 4500

### Checks

Tallangatta Medical Centre (B).....	(02) 6071 5270
<a href="#">Women’s Centre for Health and Wellbeing</a>	
<a href="#">Albury - Wodonga (B)</a> .....	(02) 6041 1977
<a href="#">Yarrowonga Community Health Centre</a> .....	(03) 5734 8500
Albury Community Health (Mulwala & Corowa) (B).....	(02) 6058 1800
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
<a href="#">Seymour Women’s Health Clinic (B)</a> .....	(03) 5735 8050
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022
<a href="#">Carrier Street Medical Clinic - Benalla</a> .....	(03) 5762 4629
<a href="#">Family Planning Victoria – Box hill</a> .....	1800 013 952
<a href="#">Under 25s clinic Melbourne</a> .....	1800 013 952

## Menopause

<a href="#">Women’s Centre for Health and Wellbeing</a>	
<a href="#">Albury - Wodonga (B)</a> .....	(02) 6041 1977
Albury Community Health (Mulwala & Corowa) (B).....	(02) 6058 1800
<a href="#">Shepparton Medical Centre</a> .....	(03) 5823 3100
Tallangatta Medical Centre (B).....	(02) 6071 5270
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555
<a href="#">Cobram Medical Clinic</a> .....	(03) 5871 1433
<a href="#">Carrier Street Medical Clinic - Benalla</a> .....	(03) 5762 4629
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022

## Sexual Assault

<a href="#">Sexual Assault Crisis Line Victoria (B)</a> .....	1800 806 292
<a href="#">Rape Crisis – NSW (B)</a> .....	1800 424 017
<a href="#">Goulburn Valley Centre Against Sexual Assault (B)</a> .....	1800 112 343
<a href="#">Centre Against Violence (B)</a> .....	1800 806 292
<a href="#">1800 Respect</a> .....	1800 737 732
<a href="#">Sexual Assault Counselling Australia (B)</a> .....	1800 211 028
<a href="#">Sexual Assault Report Anonymously S.A.R.A</a>	

## Aboriginal Women’s Business ‘YALI’

<a href="#">Women’s Centre for Health and Wellbeing</a>	
<a href="#">Albury - Wodonga (B)</a> .....	(02) 6041 1977
Mungabareena Aboriginal Corporation	
– Wodonga (B).....	(02) 6024 7599
Albury Wodonga Aboriginal Health Service.....	(02) 6040 1200
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022

## LGBTI Health

<a href="#">Women’s Centre for Health and Wellbeing</a>	
Albury- Wodonga (B) .....	(02) 6041 1977
<a href="#">Minus 18</a> .....	(03) 9427 7702
<a href="#">Shepparton Medical Clinic</a> .....	(03) 5823 3100
<a href="#">Meryula Clinic (B)</a> .....	1800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 5823 8800
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555
Tallangatta Medical Centre (B).....	(02) 6071 5270
<a href="#">Benalla Church Street Surgery</a> .....	(03) 5762 1022

## Refugee Health Nurse

<a href="#">Primary Care Connect Shepparton</a> .....	(03) 5823 3200
<a href="#">Gateway Health Multicultural Clinic – Wodonga</a> ....	(02) 6022 8888
<a href="#">Shepparton Women’s Health Centre</a> .....	(03) 5821 3555

## Free condoms and lube

<a href="#">Gateway Health – Clinic 35 Wangaratta</a> .....	(03) 5723 2000
<a href="#">Wodonga</a> 1800 657 573 or	(02) 6022 8888
<a href="#">Women’s Health Goulburn North East – Wangaratta</a>	(03) 5722 3009
<a href="#">Primary Care Connect Shepparton</a> .....	(03) 5823 3200
<a href="#">Nexus Primary Health</a> .....	1300 77 33 52
(Broadford, Wallan, Seymour, Kinglake)	
<a href="#">Meryula Clinic (B)</a> .....	1800 222 582
The Bridge (Seymour & Shepparton).....	(03) 5831 2390
Headspace.....	(03) 5823 8800

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