



Sexual & Reproductive
HEALTH



Improving youth access to information, health care & services

Hume Region



WOMEN'S HEALTH
GOULBURN NORTH EAST

Challenging inequity, embracing diversity.

Some background...

Need for improved youth access to information, education, health care and services:

- ❖ Regional research

[WHGNE 2012](#)

- ❖ Service mapping, consultation & planning

Hume Region S&RH Steering Committee 2013 - 2014
25 Orgs & regional youth service providers

- ❖ Priority for regional youth & S&RH Plan

[WHGNE Fact Sheet 2014](#)

Consultation with 453 young people 2013
[HR S&RH Plan](#)



Improving access & equity for regional young people

Young Person's Toolkit / YPT

- ❖ Partnership project Indigo Shire Council, Kildonan UnitingCare, WHGNE and 2 young men studying at CSU Albury

- ❖ App and Facebook page accurate youth friendly information & resources, regional services and events promoting health and wellbeing

- ❖ Content planned & managed by the team after consultation with regional youth. Information & resources about:
 - ❑ gender and sexuality
 - ❑ physical, mental, sexual and reproductive health
 - ❑ inclusive and respectful relationships
 - ❑ agency & LGA recreational and social events in Hume region & beyond
 - ❑ education, training and employment
 - ❑ services and support available to young people living in Hume region

- ❖ Already LIVE Facebook page viewed at <https://www.facebook.com/youngpersonstoolkit>



Improving access & equity for regional young people

Young Person's Toolkit / YPT

❖ Information, monitoring & management

local, regional and state services, events and opportunities
resources and information promoting health, wellbeing, safety and respect
monitored, managed & evaluated by lead agencies 2015-2017
input & review from regional youth

❖ Invite to update/link your services to the YPT

- regional organisations, agencies, LGA & youth service providers
- Facebook pages, youth services, programs & events
- opportunity to keep rural youth informed about local services AND provide greater choice and opportunities across the region

❖ YPT launch in youth settings across Hume Region

During Youth Week: April 10-19

❖ Email links/ more information

Annette Walton

annette.walton@indigoshire.vic.gov.au

Damien Stevens

dstevens@kildonan.org.au

Bern Fraser

b.fraser@whealth.com.au



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This presentation prepared by:



WOMEN'S HEALTH
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For more information:

http://www.whealth.com.au/work_Sexual-Reproductive-Health.html

Our contact details:

Women's Health Goulburn North East

57 Rowan Street Wangaratta VIC 3677

Ph: 03 5722 3009 Fax: 03 5722 3020

whealth@whealth.com.au