



# Inclusive Sexuality Education (Schools & Community)

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# Kildonan UnitingCare

Helping communities get ahead of  
their problems for more than 130 years





- Funded by Victoria's Department of Health since 2011, *The Diversity Project* has two components:

**1) Youth Worker:** Direct support to young people aged 12 to 25 years who identify as same sex attracted, sex and gender diverse (SSASGD).

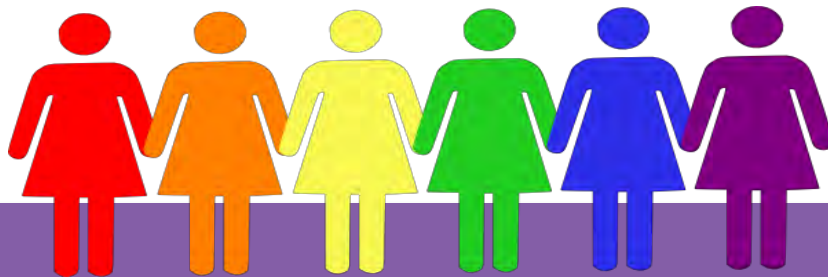
- Young people whose access to appropriate health, education and housing is impacted by homophobia, relationship breakdowns or discrimination.
- Intensive support and case management for young people whose physical and mental health have been adversely affected by discrimination.





**2) Community Development Worker:** Training, resources and inclusive sexuality and gender education to develop safe, respectful environments for young people to talk openly about their sexuality, gender and related health, education or economic needs.

- Community organisations and groups
- Agencies and service providers
- Schools (teachers and students)





- *The Diversity Project* also supports young people wanting to create their own safe spaces in school and community settings (eg. Cobram/Mooroopna).
- Youth led and driven, the **Diversity Group** meets fortnightly for SSASGD young people and their friends to explore sexuality issues, get information, discuss concerns, enhance life skills & talk with others about similar life experiences.





## Sexual Health Information, Education & Services

- *The Diversity Project* provides young people in Shepparton and surrounding areas with access to accurate, inclusive sexuality and gender information and education (Think About It Project).
- Sustained support, social and leadership opportunities develop young people's knowledge and build respectful relationships and skills for sharing information, mentoring and peer support (Diversity Group).





- Services include:

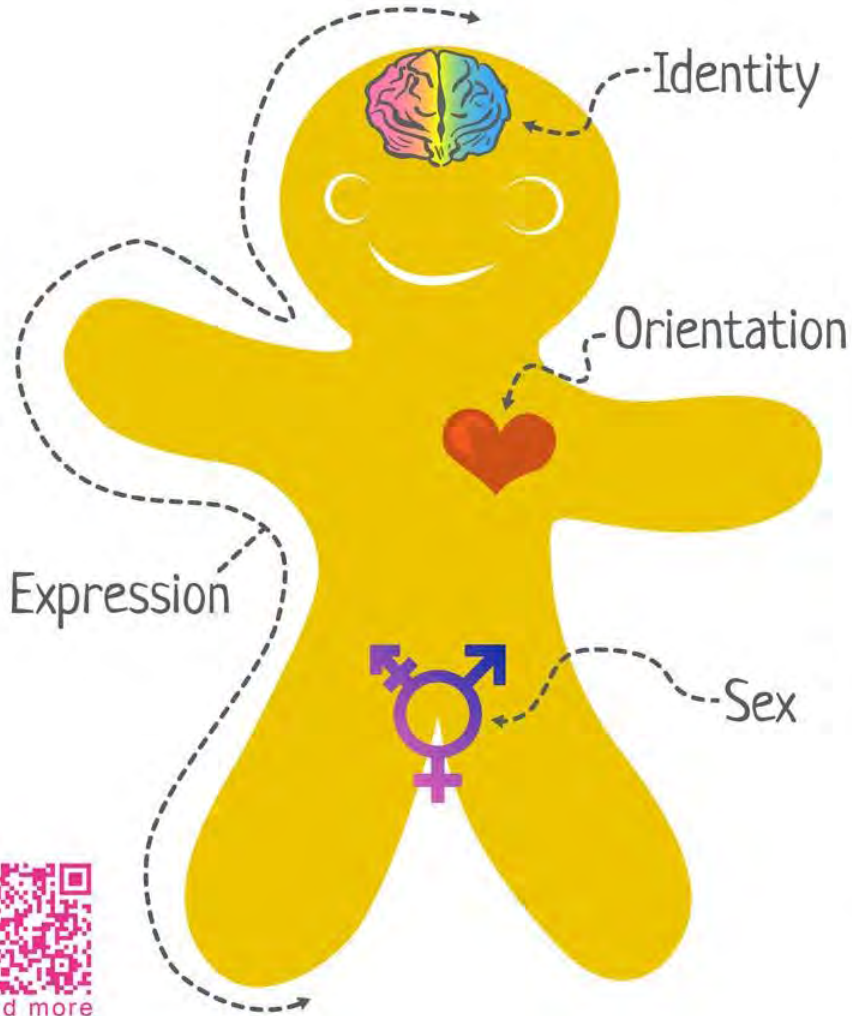
- Individual counselling, support & referrals to appropriate services (headspace)
- Youth led social groups and events such as youth camps (Statewide network)
- School based sexuality education and resources (TCOM – see next pages)
- E-information and resources via websites and social media pages (FB Group)
- Youth input into program and event planning and review (OUTintheOPEN)

# The Healthy Rainbow



# The Genderbread Person

by [www.ItsPronouncedMetrosexual.com](http://www.ItsPronouncedMetrosexual.com)



## Gender Identity

Woman Genderqueer Man

Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.

## Gender Expression

Feminine Androgynous Masculine

Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.

## Biological Sex

Female Intersex Male

Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.

## Sexual Orientation

Heterosexual Bisexual Homosexual

Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.





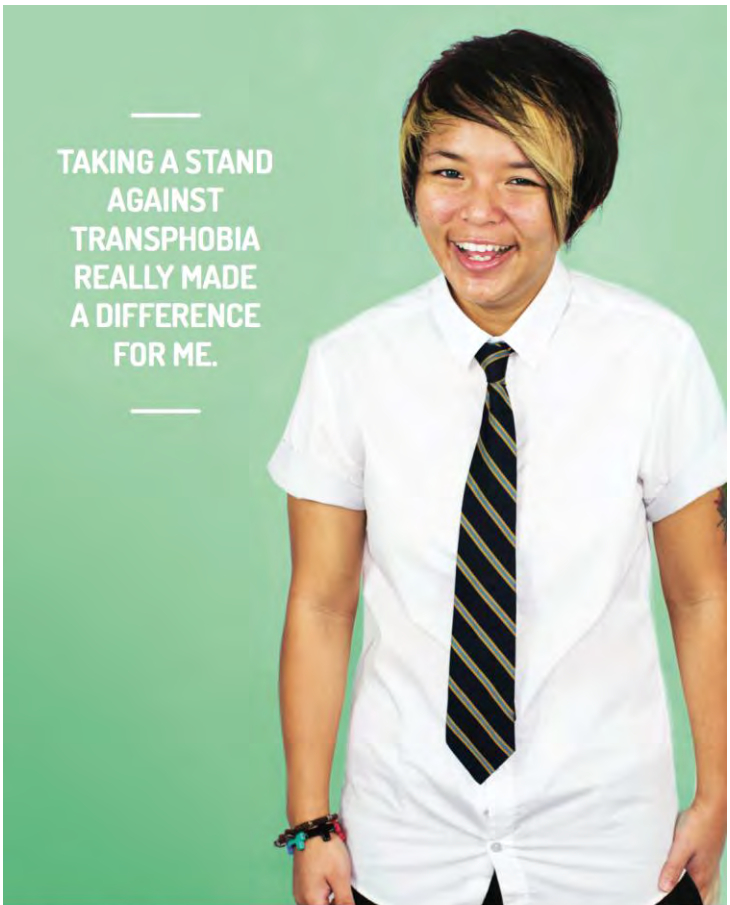
# THE VIDEO

trans youth explain it

WATCH NOW



*Dear Year 7 Self*



—  
TAKING A STAND  
AGAINST  
TRANSPHOBIA  
REALLY MADE  
A DIFFERENCE  
FOR ME.  
—



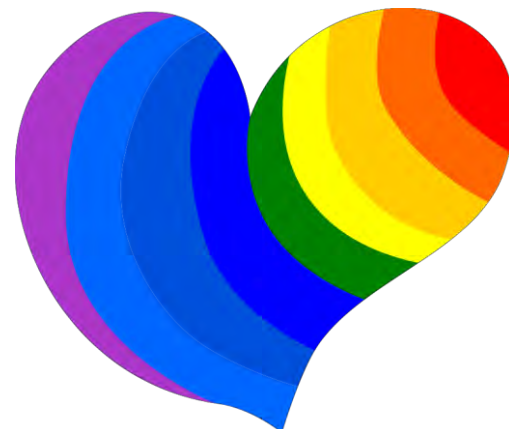
GENDER IS NOT UNIFORM

WE SUPPORT GENDER DIVERSE AND TRANSGENDER STUDENTS IN OUR SCHOOL. TRANSPHOBIA WILL NOT BE TOLERATED



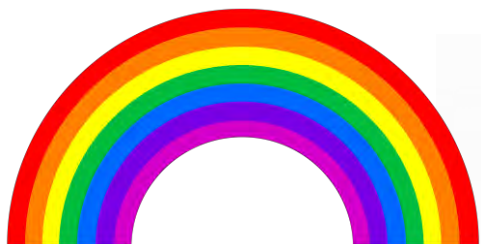
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## Key to Success

- The development and resourcing of safe, inclusive environments with increased peer support and youth leadership are considered fundamental to inclusive and sustainable sexuality education (MHFA, PFLAG, GV Pride, etc.)





## Essential Ingredients For Youth Engagement

- Youth centred services and programs: Young SSASGD people are priority groups for the organisation and *Diversity Project*.
- Youth accessibility: Welcoming, multi-skilled staff AND free, confidential, openly inclusive services and resources (PD for staff, access to resources, etc.)
- Inclusive, safe settings with respectful relationships demonstrated by staff and young people (signage on toilets, intake forms, posters, rainbow stickers).
- Sustained support with opportunities for *all* young people to develop and apply knowledge and skills (Junior and Senior Diversity Group leaders)



**SAFE  
ZONE**



## Essential Ingredients For Youth Engagement (Continued)

- Service integration and flexibility: Individual case management, social and peer support on site, in schools, community and recreational spaces (Melbourne).
- Partnerships, planning and collaboration: Staff, young people and champions in organisations, community groups, families and schools (NOYS/networks).
- Youth input and leadership: Youth led groups and programs with funding and resources (IDAHO, working with other local youth orgs, e.g. Word & Mouth).





## Contact Us for More Information

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