



- A National program with Federal funding providing youth friendly mental health service provision
- Prevention and early intervention focus



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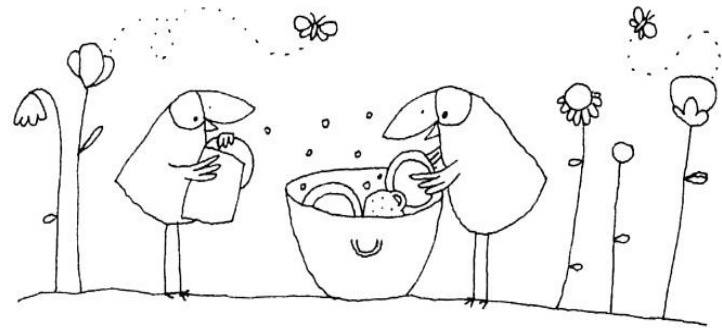
About headspace Shepparton



Young people can call, drop in on their own or with a friend, or they can ask a parent, GP or health care worker to refer them

Sexual Health Information, Education and Services

- Youth appropriate service delivery
- **Individual consultations**
 - informed choices
 - Support health and well being



They washed all the worries away with hot soapy water then dried them with an optimistic tea towel.

Sexual Health Information, Education and Services

- Youth appropriate service delivery
- **Educational settings**
 - e.g. ASHE
 - Schools



Communicating with young people

- **Education and Information sessions**
 - Strengths based, and culturally sensitive
 - Different styles of delivery depending on the audience – important to allow talks to be driven by YP's questions
 - Flexible delivery

Youth Reference Group

- Helps to make our service more youth friendly
- Supported by Community Awareness Officer





Improving Access / Sustainability

- **Taking service into other youth settings**
 - Residential services / Supported accommodation services
 - Community education services

Keys to Success

- Accessibility: free, confidential services
- Welcoming, multi skilled staff
- Youth friendly services

