

New Support and Advocacy Group

We are excited and proud to announce that there is a Support and Advocacy Group for women who have left a violent situation. A planning day is organised for Saturday 5th March where women are able to come and express how this group would help them and other women who have left a violent relationship.

The Women's Support and Advocacy Group has been set up as a response to recommendations from our 2004 research report 'A Powerful Journey – stories of women leaving violent situations' & 'Women reflect on what helped them leave'.

A small focus group has been working on initial ideas and frameworks for the group. Pauline, a group member said "As a group of women gaining strength together we can provide support, advocacy and education for other women".

The Women's Support and Advocacy Group is a group for women aged over 18 who have left abusive relationships... for women who are out of immediate crisis yet would still benefit from being safely connected to other women, or for those who are determined to do something positive so that others may gain from their experience, wisdom and support.

Interested women or representatives of local services are invited to the Women's Support and Advocacy Group Planning Day organized for Saturday March 5 in Wangaratta. This day will bring existing support groups, local women, services and funders together to chat about what is the best, most sustainable approach for all concerned, and what we can learn from women's experiences. Local women's voices are vital to ensuring a group emerges that is what women want.

Attendance at this group is free of cost, childcare is provided and travel subsidies are available. Bookings required. Please note all information is confidential. The group will be independently facilitated by a worker from Women's Health Goulburn North East.

If these initiatives interest you (whether you can make it or not), you can call Pauline (group member) on 5762 5097(home after work hours) or Sandy at Women's Health on 5722 3009. If you know any women or workers who would be interest please pass this information onto them.

WOMEN'S Support &
Advocacy
Group

*For women who have left abusive
relationships*

*Now you are out of it and don't know where to
turn???*

*'As a group of women gaining strength
together we can provide support, education
and advocacy for ourselves and other
women'*

*All information is confidential
Group is free. Childcare/travel subsidies available*

*For more info or bookings contact;
Pauline (group member) 5762 5097 (after hours)
Or
Sandy - Women's Health Goulburn North East
(facilitator) 5722 3009*

International Women's Day

Breakfast

Celebrate International Women's Day with friends

When: Thursday 10th March 2005

Time: 8am

Where: Scribblers Café 66 Reid Street Wangaratta

Cost: \$ 10

Please come, bring your friends & enjoy a delicious **breakfast** in a friendly environment. There will be **entertainment** and naturally, time to catch up with **friends**.

Ann Wearne CEO of Ovens and King Community Health Service will speak about her involvement in the establishment of the Family Planning Clinic in Wangaratta in the late 80's and reflect on how things were for women before the current abortion legislation was introduced.

RSVP or for more information

Ph: 03 5722 3009

Email: whealth@whealth.com.au



WOMEN'S HEALTH
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